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STRESS ECHO

Patient Name: _____

1. Appointment Date: _____ Time: _____
2. Please arrive at the front desk 10-15 minutes prior to the start of your test.
3. Please allow approximately 1 hour for completion of the test.
4. **Do not eat or drink 2-3 hours prior to the test** – this includes decaffeinated and caffeinated products. You may have a small amount of water if needed.
5. **Do not smoke** 1 hour prior to the test.
6. If you are on a beta blocker, do not take this prior to the test, but bring it with you to take after the test. Please ask the front-end staff if you have any questions.
7. Wear loose, comfortable clothing and footwear (i.e.: sweat suit, sneakers, or rubber-soled shoes). A short-sleeve shirt is preferable.